

HYDRO PROtein DIETARY SUPPLEMENT

**THE FUTURE OF PROTEIN:
READY
WHEN YOU ARE**

PROTEIN:

- ▶ An organic molecule comprised of 20 or more linked amino acids.
- ▶ Essential in the formation and maintenance of bones, muscles, skin, hormones, and other components of a healthy body.
- ▶ Approximately 60% of an average lean adult male's body weight is water. Take away water and approximately 75% of body weight is protein.
- ▶ Protein is not stored by the body like fat and carbohydrates are. Consequently, the body needs a steady supply of protein to function properly.
- ▶ As the importance of protein becomes better known, more and more people augment their diets with a protein supplement. This is particularly true of active people who are acutely aware of the nutritional makeup of the food they eat.
- ▶ Traditional protein supplements are in powder form, thus requiring blenders and water, ice, milk or other medium for palatable ingestion.

LIQUID HEALTH HYDRO PROTEIN:

- ▶ An excellent source of dietary protein, with 15 grams of great tasting protein in every ounce.



▶ The latest technology in protein manufacturing is used to produce this great tasting, ready-to-drink formula comprised of three hydrolyzed sources of protein: collagen, whey, and casein.

Supports:

- ▶ Improved skin appearance
- ▶ More restful sleep
- ▶ Proper joint function
- ▶ Quality hair and nail growth
- ▶ All organs of the body, including cartilage, tendons, muscle and bones.

Each fluid ounce contains:

- ▶ 15 grams of protein (over 480 grams per 32-oz bottle).

- ▶ Energizing B-vitamins

Contains no:

- ▶ Fat
- ▶ Cholesterol
- ▶ Carbohydrates
- ▶ Artificial colorings or flavorings



SUPPORTING INFORMATION:

- ▶ Hydro Protein is a supplemental source of protein, not a meal replacement. Proper dosage depends on a number of factors including Daily Protein Intake Needs (D.P.I.N.).
- ▶ The contents of this fact sheet are not intended to offer personal medical advice. Questions concerning medical conditions should be directed to a qualified health provider.
- ▶ Product statements have not been evaluated by the FDA. This product is a dietary supplement and not intended to diagnose, treat, cure, or prevent any disease.